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Answer Key

For Practice Happiness by Loving Others:
10 Powerful Ways to Communicate & Experience Love
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Part One: Types of Love

1. Love much, love little; love more, love less; love that is strong or weak.
2. Divine or spiritual love.
3. Eros, phileo, agape.
4. Agape.
5. Affection toward anyone or anything that is enjoyable or satisfying.
6. Eros.
7. I love you.

Part Two: Love is Esteem for Self and Others

1. You care about and like yourself in a healthy and balanced way. You have self-respect and believe you are worthy of love.
2. Love self-esteem.
3. They hope it will satisfy their longing for genuine love.
4. Loving and esteeming yourself in an appropriate and healthy way.
5. Flaws.
6. Weaknesses.
7. It is directly related to the way you esteem others.
8. Love.
9. Love.

Part Three: Love is Patient

1. They test our endurance and patience.
2. Passive. It is not what you do as much as it is how you respond to people or situations.
3. Hurry.
4. Giving up.
5. Because some things are worth waiting for.
6. Change you.
7. A virtue.
8. Yes, it can be developed and practiced.

Part Four: Love is Kind

1. Action; evidence.
2. By doing something good.
3. Giving.
4. Good, loved, cared for.
5. Needs.
6. Undivided.
7. What they can get rather than what they can give.
8. Acts of kindness.

Part Five: Love is Considerate

1. With respect and courtesy.
2. In the way we behave toward others.
3. Facial expressions, gestures.
4. To think about carefully.
5. Before our own.
6. Some thought.
7. Ourselves.
8. Ourselves; our time and attention.

Part Six: Love is not Jealous or Envious

1. Deep insecurities.
2. Losing something.
3. Possessive, competitive, resentful.
4. See list on page 21.
5. Discontent.
6. Possessions or qualities.
7. Causes us to feel superior or inferior to others.
8. Security.
9. Contentment.

Part Seven: Love is Humble

1. Others.
2. Praise and approval.
3. Unseen.
4. Better; important.
5. Confidence.
6. Weakness and blind compliance.
7. Great strength.
8. Blame.
9. Our inadequacies.

Part Eight: Love is not Demanding

1. Self-centeredness.
2. Themselves.
3. Manipulation and threats.
4. Demanding.
5. Freedom to be themselves.
6. It is selfless and giving.
7. Considering what is in the best interest of someone other than yourself.
8. The need to have our own way.
9. Decisions; agree.

Part Nine: Love is not Easily Angered

1. Say and do things we normally wouldn't.
2. When under pressure.
3. We remain graceful toward others and manage our temper.
4. Gaining control over our thoughts, feelings, and actions.
5. React.
6. Self-control.
7. The way we respond to them.

Part Ten: Love is Forgiving

1. If we will forgive or hold on to the hurt.
2. Cause pain.
3. Love again.
4. Acceptance of another's flaws.
5. Understanding of why we were wronged; an apology.
6. Justify; right.
7. Grace.
8. Because we are imperfect people.

Part Eleven: Love is Sincere

1. Who they are.
2. When we're honest and truthful with others.
3. Lies and deception.
4. If we are truly loved.
5. Honest and trustworthy.
6. Real selves.
7. Ignorance and innocence.
8. Words and actions.

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